

Mental Health First Aid for Financial Services Professionals

The Blended Online Mental Health First Aid for Financial Services Professionals Course will teach you how to provide initial support individuals who may be experiencing financial issues and a mental health problem or mental health crisis until appropriate professional help is received or the crisis resolves, using a practical, evidence based Action Plan.

»» Crisis situations

- Suicidal thoughts and behaviours
- Panic attacks
- Traumatic events
- Severe psychotic states
- Severe effects from alcohol or other drug use
- Aggressive behaviours.

»» Who can attend this course?

This new course is suitable for a range of professionals working in financial services settings, including financial counsellors, chartered accountants, and insolvency professionals. It is based on the existing financial counsellors' and insolvency courses, the existing guidelines on MHFA and financial difficulties and the perceived needs of financial services professionals in the wake of COVID-19.

»» Delivery Methods

Blended

- 5-7 hour self-paced eLearning component
- 2 x 2.5 hour online facilitator led sessions
- Max 12 Participants



»» Topics :

- Depression
- Anxiety problems
- Psychosis
- Substance use problems

Contact Us

0422 376 996

hello@mindseyetraining.com.au

www.mindseyetraining.com.au

